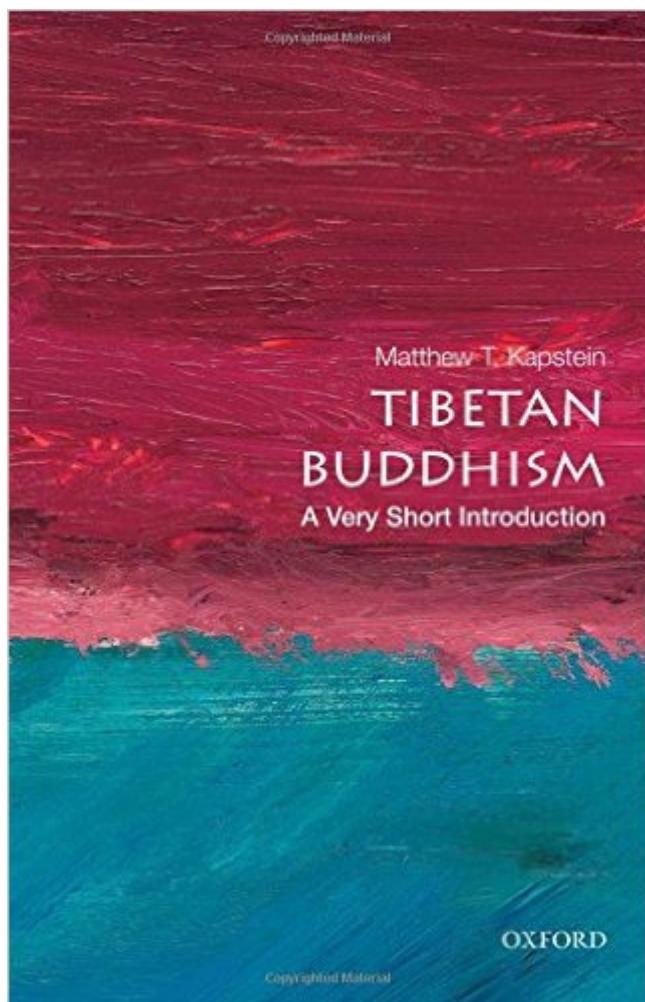


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# Tibetan Buddhism: A Very Short Introduction (Very Short Introductions)



## **Synopsis**

The Tibetan Buddhist tradition has known over thirteen centuries of continuous development. During that time, it has spread among the neighboring peoples - the Mongol, Himalayan, and Siberian peoples, Manchus and Chinese. At its height it has been practiced in regions as far west as the Volga river and to the east in Beijing. Its capacity for creative adaptation is demonstrated by its recent growth in Europe and America. At the same time, it is at the center of political contestation in ethnically Tibetan regions of China, while its best known exponent, the Dalai Lama, has become one of the most admired religious leaders in the world today. But what does this religion teach? Just what is the position of the Dalai Lama, and how will his succession be assured? Is it true that Tibetan Buddhism is entirely suppressed in China? Scholar Matthew Kapstein offers a brief account responding to these questions and more in this Very Short Introduction, in terms that are accessible to students, general readers, journalists, and others who are curious to learn the most essential features of Tibetan Buddhist history, teachings, and practice.

**About the Series:** Oxford's Very Short Introductions series offers concise and original introductions to a wide range of subjects--from Islam to Sociology, Politics to Classics, Literary Theory to History, and Archaeology to the Bible. Not simply a textbook of definitions, each volume in this series provides trenchant and provocative--yet always balanced and complete--discussions of the central issues in a given discipline or field. Every Very Short Introduction gives a readable evolution of the subject in question, demonstrating how the subject has developed and how it has influenced society. Eventually, the series will encompass every major academic discipline, offering all students an accessible and abundant reference library. Whatever the area of study that one deems important or appealing, whatever the topic that fascinates the general reader, the Very Short Introductions series has a handy and affordable guide that will likely prove indispensable.

## **Book Information**

Series: Very Short Introductions

Paperback: 152 pages

Publisher: Oxford University Press; 1 edition (October 25, 2013)

Language: English

ISBN-10: 0199735123

ISBN-13: 978-0199735129

Product Dimensions: 6.6 x 0.5 x 4.4 inches

Shipping Weight: 3.5 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #481,197 in Books (See Top 100 in Books) #99 in Books > Textbooks > Humanities > Religious Studies > Buddhism #558 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Tibetan #99568 in Books > Religion & Spirituality

## Customer Reviews

Perfect introduction to a complex tradition. Particularly interesting is the recount of the relationship between the autochthonous tradition bon and the introduction of Buddhism to Tibet. A worthwhile reading.

If anyone wants to know about Tibetan Buddhism in 5 hours, probably, this is a small, yet one of the most comprehensive books on Tibetan Buddhism, written by one of the most profound scholar of Tibetan Buddhism.

A good, concise intro to Tibetan Buddhism! !! Very helpful! !!!!!!!

A very good introduction to the subject, but it also contains material that I had not found in other sources. Very well written, too.

good buy will use again

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